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# The Galena Center for the Arts

## Newsletter for June, 2015



Contact us by e-mail - [info@GalenaCenterfortheArts.com](mailto:info@GalenaCenterfortheArts.com)

Dear Dennis & Leslie,

The trees of Jo Daviess County are dressed in their various early greens, decorating every hill and valley...an appropriate time to celebrate trees in our upcoming exhibit.

### The Wonder of Wood June 6-July 26

We are excited to offer "The Wonder of Wood" which will feature over 25 different artists showing artwork inspired by or created with wood. This eclectic mix of paintings, woodcuts, sculpture, musical instruments, bowls, furniture and more will amaze you. Hope you can attend our opening reception June 6 from 5-8 PM to meet and celebrate the talented artists whose work will be in the exhibit. We will also have "open studios" that night, with our resident artists available to show and talk about their art.

**The Wonder of Wood**  
An Exhibit of : **Art Inspired by Wood**  
**Art Made from Wood**  
**June 7 - July 26, 2015**  
Opening Reception:  
**June 6, 5 - 8 PM**  
Plus:  
**Open Studio Night**

**Galena Center for the Arts**  
**219 Summit St, Galena**  
Gallery Hours:  
**Thurs - Sun 1- 7 PM**  
For Information : **815-777-0410**  
**Free Exhibits Ample Parking**  
Ongoing: **Regional Artists Gallery**  
**Alfie Mueller Photo Collection**

Sponsored by:  
**Greenco Inc.**

[www.GalenaCenterfortheArts.com](http://www.GalenaCenterfortheArts.com)

As usual we will be staffing the Center with volunteers, so if you can spare a few hours, please go to our website to sign up. It's fun to converse with visitors from afar, or neighbors from down the street, and even when we have a slow day, it can be wonderfully peaceful to be with the artwork or have quiet time to knit or read. Our volunteers are an integral part of the Center for the Arts, and we appreciate you more than you can imagine. Login to [GalenaCenterfortheArts.com](http://GalenaCenterfortheArts.com) Click on the Volunteer tab. The magic password is volunteer.

We are looking to enlarge our board of directors and some of our committees for projects. If you have a special interest in a particular part of our mission (Movies at the Center, Youth Arts Festival, Special exhibits, Historic Photos, Music, classes or workshops you could arrange, etc.) please

call **Carole** at 815-777-0410 to talk about ideas and opportunities.

A resounding **THANK YOU** goes to **the Galena Lion's Club** for their donation of a new keyboard to the Center. We will find many ways to make beautiful music with it, expanding our mission in the Arts.

## -- HERE'S WHAT'S HAPPENING IN JUNE --



### MELT Class Schedule

#### Class: **MELT Intro Class**

**Date:** Monday, June 1, 2015

**Time:** 6:00 - 7:30 p.m.

**Fee:** \$20.00

**# of Participants:** Class is limited to the first 15 people to register

In this 90 minute all levels workshop, you will learn about a common cause of pain and will be taught simple, self-care techniques you can do at home to remain active and healthy for life. Using specialized soft body rollers and small, soft balls to simulate the results of manual therapy, you will learn how to reduce inflammation, ease chronic neck and low back strain, improve alignment, enhance athletic performance and keep your whole body feeling great at any age.

#### Class: **MELT - Beyond the Basics**

**Date:** Monday, June 8, 15, 22, 2015

**Time:** 6:00 - 7:30 p.m.

**Fee:** \$50.00

**# of Participants:** Class is limited to the first 15 people to register

This MELT series has been designed exclusively for those who have participated in a MELT Intro class or a MELT 4-week "By-the-Book" series. Over the course of three sessions you will be guided through a more in-depth look at the why, what and how of MELT.

**Wear comfortable, exercise clothing and bring a yoga mat if you have one along with a bottle of water to sip before, during and after the class.**

**Note:** The equipment necessary for both classes will be supplied by the instructor. All participants must be able to get up and down off the floor without assistance to attend either class.

For questions and to reserve your space contact for one or both classes, please contact:

Linda Rode - [linda@healthebalance.us](mailto:linda@healthebalance.us) or 815-238-0981

**Yoga with Marion Tuesdays at 10 AM and Thursdays at 5:30 PM** Presenting adult Hatha Yoga Class with The Bubble Lady of Galena, [Marion Roberts Lubinski](#). Certified yoga teacher will align your stretches with the breath as you restore, refresh, and renew. Tuesdays at ten am and Thursdays at 5:30 pm. Galena Center for the Arts welcomes you to reach your peak on Summit Street! Cost: \$10 per class. Drop-ins welcome . Yoga mats provided. Come with an empty stomach and open heart.



**Belly Dance Class with Amanda Joy each Tuesday from 6:15 to 7:15 PM.** 8 week session beginning June 16 to August 4. \$40 for 8 week class. Drop-ins welcome, \$7. The last class always includes guest musicians so the students can have experience in dancing to live music. Great fun and a great work-out!



**June 18, 6:30 PM Songwriters Workshop led by Lenny Wayne Hosey and L.A.Suess**

An opportunity for songwriters to get together in friendship to share ideas, to tell each other our stories and experiences, and to encourage, motivate and inspire.



**"Audible Art" Songwriters Showcase June 25, 7 PM**

On the fourth Thursday of the month we feature regional Songwriters who share their own material with our audience in our lower level performance space. Since November we have showcased original music by 22 artists, often backed up by other wonderful musicians. It's a festive night, and we are always amazed at how much talent is in our region. How lucky we are! Join us! No cover charge, donations are welcome.



**Sat, June 27, 7 PM Wine Diamonds event.**

Meet the producer of **"Wine Diamonds: Uncorking America's Heartland"**, and hear about the challenges and rewards of making a documentary film. Brad Johnson will be at the Corkless Wine Festival during the day, and will make a presentation at the Center at 7 PM. "Wine Diamonds" is a feature length documentary film about the challenges and opportunities of developing a new wine region in the Midwest. He and his crew have been filming and interviewing vineyards, production facilities and special events throughout the last year, and may be filming the Galena Corkless Wine Festival. Should be a highly interesting evening.



**Heads up for Movies!!**

We don't have dates set yet, but are hoping to begin a series of movie screenings soon. We'll let you know as this program develops. Should be lots of fun.

Volunteering is Good for You and Fun too! [GalenaCenterfortheArts.com](http://GalenaCenterfortheArts.com) Click on the Volunteer tab. The magic password is volunteer.

Don't forget to "Like" the **Galena Center for the Arts** on [Facebook](https://www.facebook.com/GalenaCenterfortheArts)

Are we sending this to the best address for you? Have a preferred email address please let us know.

Thanks so much for your support for the **Galena Center for the Arts!**

Galena Center for the Arts | [www.galenacenterforthearts.com](http://www.galenacenterforthearts.com) | 815-777-0410  
Gallery Address: 219 Summit St., Galena, Illinois 61036

Contact us by e-mail - [info@GalenaCenterfortheArts.com](mailto:info@GalenaCenterfortheArts.com)

